

O'Brien Probe Release Sleeve

Designed by Todd O'Brien, DPM

Designed for minimally invasive plantar fasciotomy surgery and other soft tissue release procedures

Minimally invasive soft tissue releases can now be performed with reduced instrumentation and lower costs (no custom blade required). May also be used for minimally invasive neuroma decompression and minimally invasive gastroc recession.

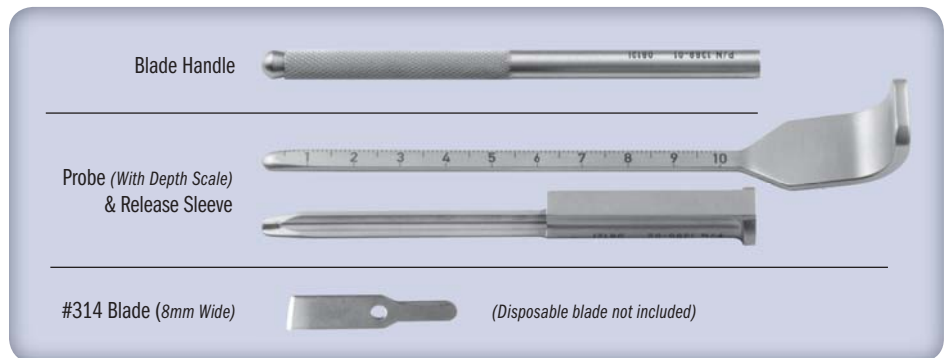
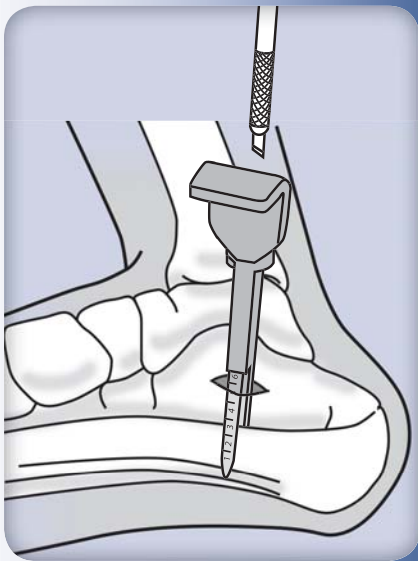
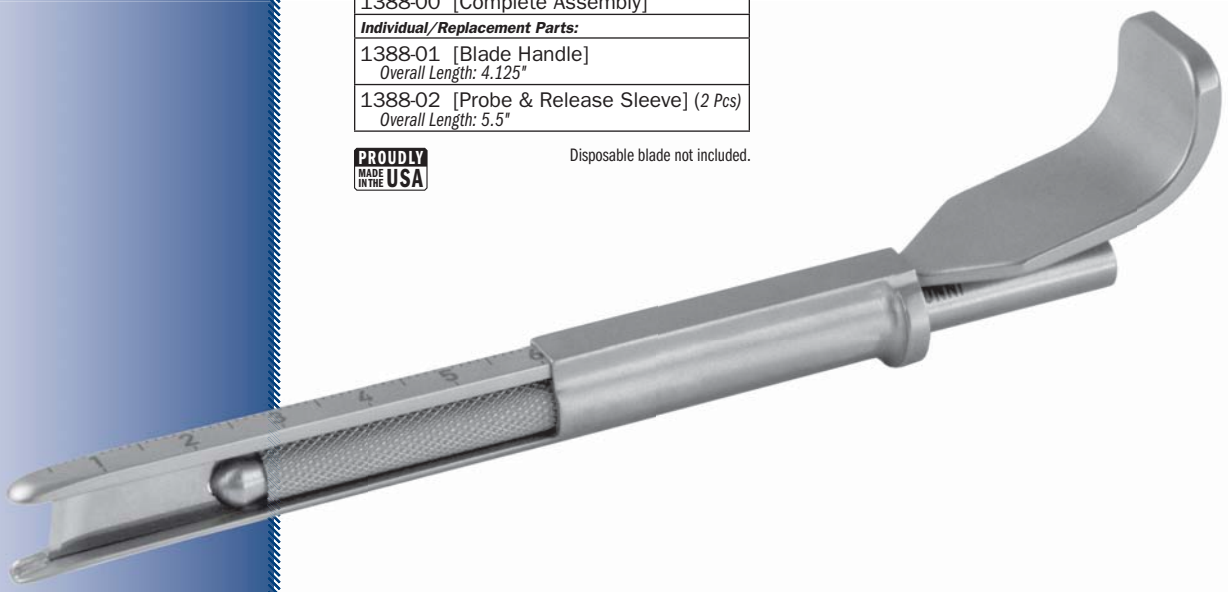
- ▶ **Define:** The Probe defines the anatomy via blunt dissection.
- ▶ **Capture:** The integrated Release Sleeve/Probe assembly captures and isolates the fascia from the surrounding soft tissues.
- ▶ **Release:** A #314 blade is advanced, releasing the fascia the desired distance as confirmed on the Probe scale.



PRODUCT NO'S:	
1388-00	[Complete Assembly]
Individual/Replacement Parts:	
1388-01	[Blade Handle] Overall Length: 4.125"
1388-02	[Probe & Release Sleeve] (2 Pcs) Overall Length: 5.5"



Disposable blade not included.



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O'Brien Probe Release Sleeve

A technique designed for minimally invasive plantar fasciotomy surgery by Todd O'Brien, DPM



Step 1:

A 1-1.5 cm incision is made on the medial heel one centimeter distal to the medial tubercle of the calcaneus.



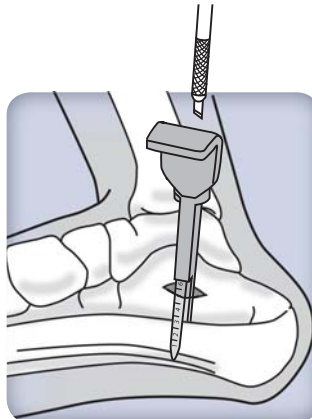
Step 2:

The probe is inserted and the plantar fascia is defined dorsally and plantarly via blunt dissection. A curved hemostat may be used to assist in this step per the surgeon's preference. The centimeter scale on the probe is used in this step to determine how far the surgeon wishes to cut the fascia from medial to lateral.



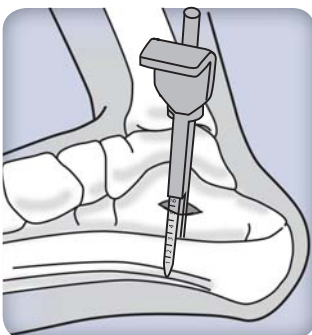
Step 3:

The release sleeve is inserted dorsal to the plantar fascia protecting the muscle layer above.



Step 4:

The probe is inserted into the integrated track on the underside of the release sleeve and advanced until it stops. The plantar fascia is now captured and the surrounding soft tissues protected. The centimeter scale on the probe is then used as a guide to determine how far the fascia is sectioned from medial to lateral.



Step 5:

A #314 blade (8mm width)* on the beaver-style handle is advanced through the sleeve until it stops. The toes may be dorsiflexed during this step to better appreciate the release of the fascia as the blade is advanced.

*Havel's brand blade is appropriately sized



Step 6:

After the fasciotomy has been performed, the instrument and blade are removed as a unit. The wound is irrigated and closed with 2-3 simple interrupted sutures.

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